

Important Information

Snow Make Up

We have an extra day built into our school calendar therefore we are only making up two days. Our snow make ups days will be as follows,

Monday, February 18th 11:30am early dismissal

*Parent/Teacher conferences will be held from 12-4. (fill out the attached paper and return).

Monday, April 22nd with a 2hr delay

PTG & Gala Meeting

Our Gala meeting will be Thursday, February 7th at 6 pm our PTG Meeting will follow. Please try to attend; we need the support of all CMA Families!

Valentines Parties

Kindergarten to 6th grade Valentines Parties will be February 14th at 2:00. Please contact your child's teacher for more information. The pre-school party will be February 14th in the morning and the pre-kindergarten party will be February 15th.

Guys & Gals Bash

Our Guys and Gals Bash will be held on February 23rd at School House Hall in Oklahoma Borough. We still have tickets available in the office. Please return all ticket stubs and money by Monday, February 18th. If you are able to volunteer please contact the office. We are still in need of donations of pop and chips.



The Cardinal Maida Academy

315 Franklin Avenue, Vandergrift, PA 15690

(724) 568-3304

Patricia Visnick
Principal

February 5, 2019

Dear Parents:

Parent-Teacher Conferences will be on Monday, February 18th from 12:00 to 4:00. If you are unable to meet with your child's teacher at this time and would like to schedule another conference please contact them directly.

Students will be discussed during the Parent-Teacher Conferences. The 5th and 6th grade teachers and 3rd and 4th grade teachers will be holding their conferences together. We ask that both you and your child (ren) attend the conference.

Please sign the form below and return it to the office no later than Monday, February 11th. Appointments will be filled on a first-come, first-served basis.

Sincerely,

Mrs. Patricia Visnick
Principal

Please return this form by Monday, February 11, 2019

FAMILY NAME _____

Office Use Only

<i>Student's Name</i>	<i>Teacher you wish to meet with</i>	<i>Your approx. time</i>	<i>Your conference time(s) will be:</i>

Our school secretary will return a confirmed time (note box at right).

CMA Clubs February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 Fitness Drama	7 Creative Robotics	8	9
10	11	12	13 Basketball K-2 Yearbook	14 STREAM Basketball 3-6	15	16
17	18	19	20 Fitness Drama	21 Creative Robotics	22	23
24	25	26	27 Basketball K-2 Yearbook	28 STREAM Basketball 3-6		

**** ALL CLUBS END AT 4:15**

CMA February Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4 Pancakes Sausage Hash Brown Broccoli Assorted Fruit	5 CMA Pizza Side Salad Cookie Assorted Fruit	6 Chicken Alfredo Breadstick Broccoli Assorted Fruit	7 Ham & Cheese on Pretzel Roll Soup & Crackers Mixed Veggies Assorted Fruit	8 Walking Taco Chips, Meat, Cheese, Lettuce & Salsa Refried Beans Assorted Fruit
11 Grilled Cheese Tomato Soup Peas Assorted Fruit	12 Macaroni & Cheese Broccoli Assorted Fruit	13 Cheeseburger WG bun French Fries Baked Beans Assorted Fruit	14 Chicken Patty Sandwich French Fries Green Beans Assorted Fruit	15 Crazy Dipper Chicken Sticks, Cheese Sticks, Bread Stick & Sauce Spud Bites Carrots Assorted Fruit
18 Chicken Bowl Chicken, Whipped Potatoes & Gravy Corn WG Roll Assorted Fruit	19 Pasta & Meatball Side Salad Bread Stick Assorted Fruit	20 Pancakes Sausage Hash Brown Broccoli Assorted Fruit	21 CMA Hoagie Ham, Turkey, Cheese, Lettuce Baked Chips Carrots Assorted Fruit	22 Nachos Grande Chips, Meat, Cheese, Lettuce & Salsa Refried Beans Assorted Fruit
25 Corn Dog French Fries Baked Beans Assorted Fruit	26 Chicken Fajitas w/ peppers & onions Corn Assorted Fruit	27 Pizza Sticks Dipping Sauce Cookie Salad Assorted Fruit	28 Chicken Tenders WG bun Tater Tots Mixed Veggies Assorted Fruit	March 1 Ham & Cheese on Pretzel Roll Soup & Crackers Green Beans Assorted Fruit

Available Daily
Choice of Milk,
1% & Fat-Free Flavored
Vegetable,
Fresh Baby Carrots & Broccoli Cup

Choice of:
Chicken Nuggets
Hotdog
Chicken Salad
Grilled Cheese
Peanut Butter & Jelly

Lunch Cost: Full Pay \$2.50
Reduced \$.40
Extra Entrée \$1.25
Extra Side \$.60
Ice Cream \$.80

February 2019 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4 Choice of Cereal Goldfish Grahams	5 Choice of Y yogurt Choice of Poptart	6 Choice of Cereal Goldfish Grahams	7 Choice of Y yogurt Choice of Cereal Bar	8 Choice of Cereal Goldfish Grahams
11 Choice of Cereal Goldfish Grahams	12 Choice of Y yogurt Choice of Muffin	13 Choice of Cereal Goldfish Grahams	14 Choice of Y yogurt Choice of Poptart	15 Choice of Cereal Goldfish Grahams
18 Choice of Cereal Goldfish Grahams	19 Choice of Y yogurt Choice of Muffin	20 Choice of Y yogurt Choice of Poptart	21 Choice of Cereal Goldfish Grahams	22 Choice of Cereal Goldfish Grahams
25 Choice of Cereal Goldfish Grahams	26 Choice of Y yogurt Choice of Poptart	27 Choice of Y yogurt Choice of Muffin	28 Choice of Cereal Goldfish Grahams	March 1 Choice of Cereal Goldfish Grahams

Choice of Milk 1% and Fat-Free Flavored available daily.

In accordance with the National School Breakfast Program 1 cup of fruit will be offered daily, students **must** select a minimum of 1/2 of a cup of fruit or fruit juice.

Fruit options may include; Apples, Bananas, Oranges, Raisins (flavored and regular) Fruit Salad and 100% Fruit Juice in Apple, Grape and Orange.

Students must take 3 of the offered items including 1 fruit or juice but may take 4 items!

Cost Full Pay \$.75 Reduced \$.30

Creating Responsible Kids on Smartphones















SHAPE the Sky

Ryan Klingensmith, LPC, NCC, MA

www.ShapeTheSky.org

connect@ShapeTheSky.org

App Cheat Sheet

	<i>App Logo / Name</i>	<i>App Description</i>	<i>App Exchange Rating</i>
VIDEO CHATTING	 Badoo	"Looking to meet somebody new? Whether you want to date, make new friends or just casually chat - the right person for you is waiting on Badoo."	"You must be at least 17 years old to download this app. Frequent/Intense Mature/Suggestive Themes Infrequent/Mild Sexual Content and Nudity"
	 Monkey	"How to meet new people on Monkey: Accept a video chat. Talk for 15 seconds. If you are both feeling a vibe, add time. If the vibe feeling isn't mutual, don't. Repeat with someone new."	"You must be at least 17 years old to download this app. Frequent/Intense Mature/Suggestive Themes Infrequent/Mild Sexual Content and Nudity. Infrequent/Mild Profanity or Crude Humor"
	 Omegle	Android Only Random "Stranger" Interactions Free online chat website allow users to communicate randomly, anonymously and without registration.	"You must be at least 17 years old to download this app. Frequent/Intense Alcohol, Tobacco, or Drug Use or References and Mature/Suggestive Themes Infrequent/Mild Sexual Content or Nudity and Profanity or Crude Humor"
INSTANT MESSAGING	 Snapchat	Send pictures, messages, filters and post stories	"You must be at least 12 years old to download this app. Infrequent/Mild Alcohol, Tobacco, or Drug Use/References, Mature/Suggestive Themes, Profanity or Crude Humor and Sexual Content/Nudity"
	 Confide	"Messages are end-to-end encrypted. Messages disappear forever once they are read. Screenshot-proof messages with our patent-pending ScreenShield technology. Send text, photos, videos, documents and voice messages. 1-to-1 and group messaging."	"Rated 4+"
	 Jott Message	"Never miss out on what's going on with your school. Join a school and automatically be connected to all your friends and classmates. Jott is the only place that instantly connects you with all your friends."	"Rated 4+"
	 Cover Me	"Private texts & calls without records on the phone bill! A burner phone number to safeguard your primary number. Send self-destructing messages. Hide secret text messages and private files from prying eyes."	"Rated 4+"
	 Kik	Free, instant messaging application to share digital content: texts, pictures and videos. Also has apps built in that mimic other apps such as Snapchat.	"You must be at least 17 years old to download this app. Infrequent/Mild Sexual Content and Nudity Frequent/Intense Mature/Suggestive Themes"
SPOOF TEXTING	 Fake Text Messages	"This app is for entertainment purposes only. Super simple and easy to create a fake text wallpaper."	Age rating 4+
	 Text Burner	Text Burner provides phone numbers for texting	Age rating 4+
INTEREST SHARING	 Ask.fm	Social networking site allowing profiles to be created and sending anonymous messages.	"You must be at least 12 years old to download this app. Infrequent/Mild Cartoon or Fantasy Violence, Profanity or Crude Humor, Alcohol, Tobacco, or Drug Use/References, Mature/Suggestive Themes and Sexual Content or Nudity"
IMAGE BLOGS	 Tumblr	Image Blog for sharing pics, gifs, videos, questions, thoughts, quotes, etc.	"You must be at least 17 years old to download this app. Frequent/Intense Sexual Content or Nudity Unrestricted Web Access"

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FYI

SHAPE the Sky

Ryan Klingensmith, LPC, NCC, MA
www.ShapeTheSky.org
connect@ShapeTheSky.org

App Cheat Sheet

	App Logo / Name	App Description	App Exchange Rating
PHOTO / VIDEO SHARING	Instagram	Photo/video social network that enables sharing content on multiple platforms.	"You must be at least 12 years old to download this app. Infrequent/Mild Mature/Suggestive Themes, Sexual Content and Nudity, Profanity or Crude Humor and Alcohol, Tobacco, or Drug Use/References"
	TikTok Including Musical.ly	"We make it easy for you to watch awesome short videos and make your own."	"Age Rating 12+ Profanity, Alcohol, Tobacco, Drug Use References, Mild Sexual Content and Nudity, Mild Mature/Suggestive Themes, Mild Cartoon or Fantasy Violence"
LOCATION BASED "GOSSIP"	Whisper	App allowing users to post and comment on image based messages anonymously.	"You must be at least 17 years old to download this app. Infrequent/Mild Profanity or Crude Humor, Alcohol, Tobacco, or Drug Use/References and Mature/Suggestive Themes."
	After School	After School is location based and organized to school districts. You join your school group and have to verify through Facebook.	"You must be at least 17 years old to download this app. Frequent/Intense Mature/Suggestive Themes Infrequent/Mild Alcohol, Tobacco, Drug Use or References Infrequent/Mild Sexual Content and Nudity Infrequent/Mild Profanity or Crude Humor"
LIVE STREAMING APPS <small>*Facebook, Instagram & YouTube also have live stream functions.</small>	Younow	Platform for live video broadcasting.	"You must be at least 12 years old to download this app. Infrequent/Mild Mature/Suggestive Themes, Alcohol, Tobacco, or Drug Use/References, Realistic Violence and Profanity or Crude Humor"
	Live.Me	"Meet fun and awesome girls or guys and get followers from nearby or all over the world by broadcasting or watching live stream. Have interacting with fans in groups and getting or sending gifts. Enjoy and share your moments and memories."	"You must be at least 17 years old to download this app. Infrequent/Mild profanity or crude humor, alcohol, tobacco or drug use or references. Frequent/Intense mature/suggestive themes Infrequent/Mild realistic violence"
MAKING "CONNECTIONS"	Grindr	Social network app exclusively for gay, bi and curious men.	"You must be at least 17 years old to download this app. Frequent/Intense Mature/Suggestive Themes Infrequent/Mild Sexual Content and Nudity"
	Tinder	Location based dating application.	"You must be at least 17 years old to download this app. Infrequent/Mild Profanity or Crude Humor and Sexual Content/Nudity Frequent/Intense Mature/Suggestive Themes"
	Bumble	Location based dating application.	"You must be at least 17 years old to download this app. Infrequent/Mild Profanity or Crude Humor and Sexual Content/Nudity Frequent/Intense Mature/Suggestive Themes"
	Feeld	Location based dating application.	"You must be at least 17 years old to download this app. Infrequent/Mild Profanity or Crude Humor and Sexual Content/Nudity and Cartoon or Fantasy Violence Frequent/Intense Mature/Suggestive Themes"
PHOTO HIDING	Secret Calculator	Secret passcode turns into a private storage app which can hide photos. Has some web search capabilities.	17+ for "Unrestricted Web Access"

Fresh New Looks



Spring Pictures:
Fun, relaxed and filled
with personality.

72898

Spring Picture Day Is Coming!

Friday, February 22, 2019
Cardinal Maida Academy

What to Expect:

- 1 Picture Day
- 2 Pictures sent home with your child
- 3 Review & purchase

Questions?

Please contact Customer Service at 800-736-4753.

Lifetouch

Detach & give to your photographer on Picture Day.

Fill out this form and return on Picture Day.







Student's Name _____

Teacher _____

Grade _____

My child will be bringing a special item. Yes No

Choose 1 Background:

<input type="checkbox"/> 1 	<input type="checkbox"/> 2 	<input type="checkbox"/> 3 
<input type="checkbox"/> 4 	<input type="checkbox"/> 5 	<input type="checkbox"/> 6 

Please note: If you don't select a background, a default will be chosen.

All students will be photographed. Please notify your child's teacher if you do not want an individual portrait taken of your child. Your child may be included in a group portrait requested by the school. By completing and submitting this order form, you are agreeing to all of Lifetouch's terms and conditions located at <http://www.lifetouch.com/terms> and to our privacy policy located at <http://www.lifetouch.com/privacy>.

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February 1-16, 2019

50%

Your school has been selected to receive
50% off Schoolbelles Uniform Basics!

Polos & Pants

*school customized polos not included

SALE

1-888-637-3037

www.schoolbelles.com