

CMA February Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4 Pancakes Sausage Hash Brown Broccoli Assorted Fruit	5 CMA Pizza Side Salad Cookie Assorted Fruit	6 Chicken Alfredo Breadstick Broccoli Assorted Fruit	7 Ham & Cheese on Pretzel Roll Soup & Crackers Mixed Veggies Assorted Fruit	8 Walking Taco Chips, Meat, Cheese, Lettuce & Salsa Refried Beans Assorted Fruit
11 Grilled Cheese Tomato Soup Peas Assorted Fruit	12 Macaroni & Cheese Broccoli Assorted Fruit	13 Cheeseburger WG bun French Fries Baked Beans Assorted Fruit	14 Chicken Patty Sandwich French Fries Green Beans Assorted Fruit	15 Crazy Dipper Chicken Sticks, Cheese Sticks, Bread Stick & Sauce Spud Bites Carrots Assorted Fruit
18 Chicken Bowl Chicken, Whipped Potatoes & Gravy Corn WG Roll Assorted Fruit	19 Pasta & Meatball Side Salad Bread Stick Assorted Fruit	20 Pancakes Sausage Hash Brown Broccoli Assorted Fruit	21 CMA Hoagie Ham, Turkey, Cheese, Lettuce Baked Chips Carrots Assorted Fruit	22 Nachos Grande Chips, Meat, Cheese, Lettuce & Salsa Refried Beans Assorted Fruit
25 Corn Dog French Fries Baked Beans Assorted Fruit	26 Chicken Fajitas w/ peppers & onions Corn Assorted Fruit	27 Pizza Sticks Dipping Sauce Cookie Salad Assorted Fruit	28 Chicken Tenders WG bun Tater Tots Mixed Veggies Assorted Fruit	March 1 Ham & Cheese on Pretzel Roll Soup & Crackers Green Beans Assorted Fruit

Available Daily
Choice of Milk,
1% & Fat-Free Flavored
Vegetable,
Fresh Baby Carrots & Broccoli Cup

Choice of:
Chicken Nuggets
Hotdog
Chicken Salad
Grilled Cheese
Peanut Butter & Jelly

Lunch Cost: Full Pay \$2.50
Reduced \$.40
Extra Entrée \$1.25
Extra Side \$.60
Ice Cream \$.80

February 2019 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4 Choice of Cereal Goldfish Grahamas	5 Choice of Yogurt Choice of Poptart	6 Choice of Cereal Goldfish Grahamas	7 Choice of Yogurt Choice of Cereal Bar	8 Choice of Cereal Goldfish Grahamas
11 Choice of Cereal Goldfish Grahamas	12 Choice of Yogurt Choice of Muffin	13 Choice of Cereal Goldfish Grahamas	14 Choice of Yogurt Choice of Poptart	15 Choice of Cereal Goldfish Grahamas
18 Choice of Cereal Goldfish Grahamas	19 Choice of Yogurt Choice of Muffin	20 Choice of Yogurt Choice of Poptart	21 Choice of Cereal Goldfish Grahamas	22 Choice of Cereal Goldfish Grahamas
25 Choice of Cereal Goldfish Grahamas	26 Choice of Yogurt Choice of Poptart	27 Choice of Yogurt Choice of Muffin	28 Choice of Cereal Goldfish Grahamas	March 1 Choice of Cereal Goldfish Grahamas

Choice of Milk 1% and Fat-Free Flavored available daily.

In accordance with the National School Breakfast Program 1 cup of fruit will be offered daily, students **must** select a minimum of ½ of a cup of fruit or fruit juice.

Fruit options may include; Apples, Bananas, Oranges, Raisins (Flavored and regular) Fruit Salad and 100% Fruit Juice in Apple, Grape and Orange.

Students must take 3 of the offered items including 1 fruit or juice but may take 4 items!

Cost Full Pay \$.75 Reduced \$.30